

Health Creation Coaching and Mentorship Academy Online Mentor Training: 2027-2028

The only medically led Diploma in Health Coaching with Dr Rosy Daniel - Integrative Medicine Consultant Course Approved by Lead Coaching Body - United kingdom and International Health Coach Association

www.healthcreation.co.uk

UK & INTERNATIONAL HEALTH COACHING ASSOCIATION
Approved Training Programme
Health Creation
Health Creation Mentorship Diploma

An Integrative Healthcare Approach to Health Coaching and Mentorship

Health Creation Mentors work with our unique methodology to:

- Inspire and motivate positive healthy change in body, mind, spirit and environment
- Catlayse measurable gains in health, vitality and wellbeing
- Guide tailor made self-help programmes for the ill and their carers, especially for those with cancer and those close to them
- Guide those wishing to prevent illness to enjoy whole-hearted high energy living
- Enable people to become true to themselves with meaning and purpose in living
- Help prevent and reverse lifestyle illnesses such as diabetes, cancer, heart disease, obesity, depression, anxiety, arthritis, digestive problems and fatigue
- Tackle and prevent burnout in teachers, healthcare professionals and business people
- Raise the performance of leaders and their teams.

Click here to view our full course prospectus!

Earn up to £80 per hour with the flexibility of working remotely by telephone or Zoom, or in face to face consultation with your clients!

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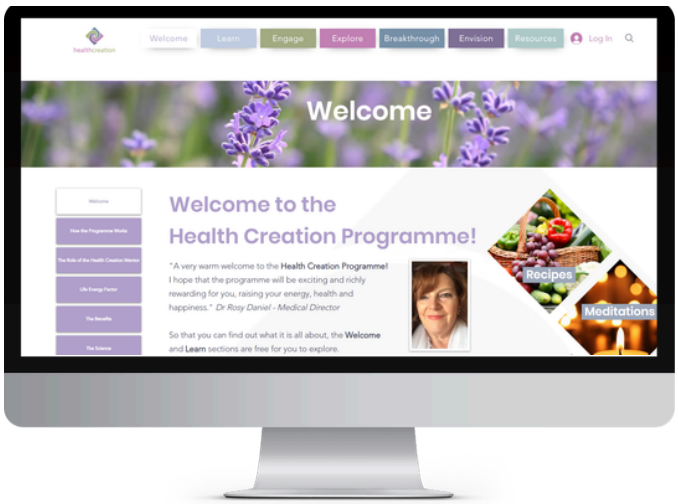
Course Format - The Health Creation Mentor Training has three modules:

- **Module 1** - Mentor Skills Training running from April to July, with assessment weekend in September, followed by a six month supervised Study Client work
- **Module 2** – Online Principles and Evidence for Health and Wellbeing for study of the theory and science, also running from April to July, with a weekly tutorial
- **Module 3** – Online Professional Health Coaching and Mentorship Practice running from October 2027 to March 2028
- Combined, these form the basis for the Diploma in Health Creation Mentorship at a total cost of £3,950. This can be paid as one payment, or as a deposit of £950 with 12 monthly payments of £250. This includes pre-course mentorship, training and tutoring until you are able to register and practice.

You will need to take all three modules to achieve professional health coach and mentor status, signifying that you have the skills, knowledge and evidence base at your fingertips to provide a fully professional health coaching and mentorship service.

The Mentor training will run on Zoom over five weekends from April 2027

W1 - April 17-18 **BODY** and The Health Creation Programme
W2 - May 15-16 **MIND** and Coaching for the Illness Journey
W3 - June 12-13 **SPIRIT** and Caring for Carers
W4 - July 17-18 **ENVIRONMENT** and Prep for Study Case Work
W5 - Sept 18-19 **PRACTICAL ASSESSMENT**



Before and during the Mentor Training you will receive:

- A pre-course Mentorship session with Course Leader Dr Rosy Daniel
- A Health Creation Programme Online
- Six months peer mentorship with a fellow trainee
- Five weekends of training and a home study programme with weekly tutorials
- An online module in the theory and evidence for the 12 Health Creation Principles with tutorials with Dr Rosy Daniel
- A Professional Practice module
- Study time totaling 600 hours
- Study Client work supervised for a six month probation period earning £20 per hour.
- Once qualified and registered to practice, up to £80 per hour.

Course criteria - We are looking for Trainees who have:

- Natural warmth, empathy and great communication skills
- A good understanding of the holistic approach to health
- Personal experience of illness and healthcare
- Relevant prior learning experience.



Course Leader
Dr Rosy Daniel

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To start your application form today
Click here!

Please send your enquiries to
support@healthcreation.co.uk
and our wonderful team will be happy to help!