# **Health Creation Coaching and Mentorship Academy Online Mentor Training:** 2024-2025

For the Diploma in Health Creation Mentorship with Dr Rosy Daniel and Sue Caden

www.healthcreation.co.uk



Mentorship Diploma

# An Integrative Healthcare Approach to Health **Coaching and Mentorship**

### Health Creation Mentors work with our unique methodology to:

- Inspire and motivate positive healthy change in body, mind, spirit and environment
- Catlayse measurable gains in health, vitality and wellbeing
- Guide tailor made self-help programmes for the ill and their carers, especially for those with cancer and those close to them
- Guide those wishing to prevent illness to enjoy whole-hearted high energy living
- Enable people to become true to themselves with meaning and purpose in living
- Help prevent and reverse lifestyle illnesses such as diabetes, cancer, heart disease, obesity, depression, anxiety, arthritis, digestive problems and fatigue
- Tackle and prevent burnout in teachers, healthcare professionals and business people
- Raise the performance of leaders and their teams.



to view our full course <u>prospectus!</u>

Earn up to £80 per hour with the flexibility of working remotely by telephone or Zoom, or in face to face consultation with your clients!

**Course Format** - The Health Creation Mentor Training has three modules:

- Module 1 Mentor Skills Training running from September to March and followed by a six month supervised probation
- Module 2 Online Principles and Evidence for Health and Wellbeing for the Certificate in Health and Wellbeing running contiously online.
- Module 3 Online Professional Health Coaching and Mentorship Practice
- Combined these form the basis for the Diploma in Health Creation Mentorship at a total cost of £3,950. This can be paid as one payment, or as a deposit of £950 with 12 monthly payments of £250. This includes all pre-course mentorship, training and tutoring until you are able to regsiter and practice.

All modules courses can be taken stand-alone, but you will need to take all three modules to achieve professional health coach and mentor status, signifying that you have the skills, knowledge and evidence base at your fingertips to provide a fully professional health coaching and mentorship service.

The Mentor training will run on Zoom over five weekends from October 2024 to April 2025

W1 Oct 12/13th - **BODY** and The Health Creation Programme W2 Nov 25/26th - MIND and Coaching for the Illness Journey

W3 Jan 27/28th - **SPIRIT** and Caring for Carers

W4 Mar 23/24th - **ENVIRONMENT** and Prep for Study Case Work W5 April 27/28th - **PRACTICE** and **ASSESSMENT** 



#### Before and during the Mentor Training you will receive:

- Three Mentorship sessions with Course Tutor Sue
- A Health Creation Programme Online and a Cancer Lifeline Kit containing three coaching workbooks
- Six months peer mentorship with a fellow trainee supervised by Tutor Sue Caden
- Five weekends of training and a home study programme totaling 600 hours
- An online module in the theory and evidence for the 12 Health Creation Principles with tutorials with Dr Rosy Daniel and a further module to run a professional practice
- Study case work supervised for a six month probation period earning £20 per hour.

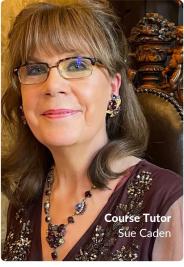
#### Course criteria - We are looking for Trainees who have:

- Natural warmth, empathy and great communication
- A good understanding of the holistic approach to
- Personal experience of illness and healthcare
- Relevant prior learning experience.



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## Click here!

To start your application form today Click here!

Please send your enquiries to support@healthcreation.co.uk and our wonderful team will be happy to help!

