

**Module 6 – The Golden Path** Spiritual Development Programme



**Would you like to join our spiritual development programme in order to understand where you are on your own spiritual journey?**

**Would you like to explore your spiritual beliefs, knowledge and experience, and better understand your challenges and spiritual growth?**

**Would you like to explore with others the big questions of how we can live and die consciously, and how we can apply our spirituality in everyday life?**



**Enrol now for The Golden Path**



This course, developed and led by Dr Rosy Daniel and Sue Caden, runs for 6 months over 4 weekends, and can be taken either for personal spiritual development, or as a prelude to training to become a spiritual mentor to support those who are life-threatened or dying.



The course content is greatly enriched by the teachings of the late Pat Pilkington MBE, in both film and audio material. We will share our own insights and wisdom and draw upon the legacy of Pat's wisdom which illuminated and strengthened the souls of so many over 30 years of inspired voluntary service at Bristol Cancer Help Centre (now called Penny Brohn UK).

The four weekends will be organized around a self-mapping wheel developed by Rosy that addresses:

Weekend 1: Spiritual Experiences – our gnostic spirituality

Weekend 2: Spiritual Teachings – our learning from teachers and spiritual traditions

Weekend 3: Spiritual Growth – our self-knowledge and progress with sacred contracts

Weekend 4: Spiritual Life – the application of our spiritual truth to our daily lives

**The course will run over four weekends in Bath. We run this course each time we have assembled a committed group or participants. So please register your interest with Sue Caden on:**

**Tel 01225-745737 or Email [sue.caden@healthcreation.co.uk](mailto:sue.caden@healthcreation.co.uk)**

**Price: £995 (concessions negotiable as appropriate)**

**Our website for the training prospectus is at [www.healthcreation.co.uk/training](http://www.healthcreation.co.uk/training)**