

Health Creation Consultant Training

with

Dr Rosy Daniel and the Health Creation Leaders Team



A Life Energy Management Approach to Workplace Health and Wellbeing

Health Creation Consultants work with our unique methodology to:

- Inspire and motivate healthy change in people and organisations
- Raise measurably health, vitality and productivity
- Reduce costs of sickness and absence
- Generate wealth through health
- Deliver and implement health and wellbeing strategies tailored to the unique needs of our clients
- Raise the performance of leaders and their teams
- Increase the ethical integrity of organisations
- Generate loyalty, commitment and pride in employees
- Reward healthy change with the 'Health Creation Award for Health at Work'
- Earn from £400 per day as a full consultant and £200 per day as an assistant increasing with experience and within the corporate sector

The training runs over three weekends

Course background

Health Creation at Work began in 2007 with a successful pilot in London's Cromwell Hospital. Initially the management team and the oncology staff received One to One mentorship to improve their vitality, health and wellbeing. Sickness levels dropped by 19%, stress levels dropped by 30% and energy levels rose by 40% as these people learned about positive self-care. The programme rolled out to 630 employees and a team of in-house Health Creation Champions were supported to implement an action plan derived from the findings of their Corporate Picture of Health. Feedback was universally positive and many of the changes made remain to this day. This success has since been mirrored in 26 schools and with leaders in business, university, charities, NHS and the voluntary sector.

Would you like to join our consultant team?

The time is now right for Health Creation to grow and bring our innovative model into business, schools, healthcare and other organisations that are now required to have health and wellbeing provision for staff. As part of our team a consultant will benefit from:

- The determined directorship of Jeremy Colledge and the results of his sales team
- The medical leadership of Dr Rosy Daniel
- The unique life-energy management model of health and wellbeing
- A proven methodology of a highly rewarding and exciting nature
- Scientific measurement of our results
- A place at the forefront of the new profession of mentorship, consultancy and training in workplace health and wellbeing
- An academic option to further your studies and research at Masters Level with Bath Spa University

Course criteria

We are looking for trainees that have:

- Completed their Health Creation Mentorship training
- Studied the Principles and Evidence for Health and Wellbeing
- Previous management experience and understanding of workplace issues
- Teaching and group skills
- Great communication, report writing and presentation skills
- Ability to read, interpret and pass on scientific data

Applicants will be interviewed by Dr Rosy Daniel to assess your readiness for this role.

Prospectus and Applications Forms are to be found at www.healthcreation.co.uk/training

Enquiries please to 01225-745737

Applications to admin@healthcreation.co.uk for attn Dr Rosy Daniel